

Community Health Fair

"Wellness at Any Age"

Thursday, January 19

8:00 A.M.– 12:00 Noon

Hardee County Agri-Civic Center

515 Civic Center Drive

Corner of Stenstrom Rd. and Altman Rd., Wauchula

SPONSORED BY



Free

- **Blood Pressure Checks**
- **Blood Sugar Testing**
- **Bone Density Screenings**
- **Body Fat and BMI Levels**
- **Pulse and Oxygen Levels**
- **Educational Sessions**
- **Demonstrations**
- **Medicare Counseling with Trained SHINE Counselors**
- **Bloodmobile for donating blood (Donors receive \$10 gas card)**

And

- **Safety Information**
- **Health Information**
- **Local medical, community and recreational program info**
- **Representatives from community services on-site ...**

DOOR PRIZES AND MORE !

**For more information
Call (863) 773-3101
and ask for ext. 6476**